

Behavioural Therapist list

This is an informal list of psychological therapists in the UK who offer Behavioural Therapy & Cognitive Behavioural Therapy for the treatment of tics & Tourette Syndrome. Some of these practitioners work independently and others practice within a multi-disciplinary service. There are likely to be other clinicians who are not listed. In any service, an assessment will be carried out to evaluate whether behavioural or cognitive behavioural therapy is likely to be the most effective or strongly indicated treatment for tics. Please note some therapists also have the classification of Online therapy/telemedicine offered. There is a list of abbreviations at the end of this document.

Here is some advice about accessing therapy and what to do about the funding:

If one of the psychological therapists on our list provides NHS treatment in your area or region then your GP or specialist may be able to make a referral. This may depend on local referral pathways. If there is no NHS provider in your area then it is less likely you or your child will be able access this kind of treatment. An alternative in that situation is to consider private treatment, which some of the therapists in the list provide. Or the further growing possibility is to see a therapist online, e.g. telemedicine via Skype. A handful of psychological therapists are now offering this option. As far as we know it is effective, and there is research on this method.

Please note this list is for information purposes only & does not constitute a recommendation. The therapists below have told us they may be able to help. (Large print copy available on request). Last updated 10/04/24

Adults

Name	Job Title	Address	Telephone	Email	Registration	Client Group	Practice/Referral	Telemedicine Offered
North of England								
Simon Bakst	Cognitive Behavioural Therapist	Manchester, England	07814851831	simonbakst@hotmail.co.uk	BABCP Registered, trained in CBITS.	Adults & children.	Private work only.	
Edward Mellor	Consultant Psychiatrist	Manchester, England	0161 271 0635	www.gmmh.nhs.uk/home-based-treatment-teams-in-manchester	GMC	Adults	CBIT NHS	
Central England								
Michelle Garcia Dopico	Cognitive Behavioural Psychotherapist	Derbyshire	07840849125	mgdmentalhealth@gmail.com	Registered MH Nurse NMC Register. Senior Accredited Cognitive Behavioural Psychotherapist (BABCP)	Adults and children	Private work only.	
Karoline Stanway	Psychotherapist /Adults /Child & Adolescents	Holly Tree House, 173 Melton Road, Stanton On The Wolds, Nottingham, NG12 5BQ	07583437952	karolinstanway@abbeygreentcs.com	BABCP Accredited – 100124	Children and adults	Private work only.	
Sasha Hvidsten	Psychiatrist	Midlands area/ Worcestershire		Enquiries@sashahvidsten.com www.sashahvidsten.com	Psychiatrist, MBChB MRCPC MRCPsych, PGCert(LLM)	Children & young people only, up to 25 years.	NHS & private patients. Can be made through NHS/ private/ direct by families. Trained to deliver habit reversal therapy, Dialectical behaviour therapist. Offers assessment & treatment for complex presentations including children with ASD / ADHD / psychosomatic concerns.	

Name	Job Title	Address	Telephone	Email	Registration	Client Group	Practice/Referral	Telemedicine Offered
London & Surrounding areas								
Dr Dipesh Patel	Psychologist	London	07745 773157	consult@drdpatel.com drdpatel.com	HCPC: PYLO39845	Adults & Children	CBT/CBIT, HRT, Psychodynamic, Integrative NHS & Private	For Private Work
Dr Vivien Wong	Clinical Psychologist, DClinPsy, BSc(Hons), CPsychol, AFBPsS	Private Practice in Central London, North East London and Essex.		https://www.drvivienwong.com drvivienwongclipsy@gmail.com (for private practice).	Doctorate in Clinical Psychology (DClinPsy), BPS Chartered Membership 202229, HCPC PYL31384, CBT BABCP accredited (provisional) 160844, CBITS trained in HRT and ERP.	Adults & children. Experienced working with Tourette Syndrome and tics. Uses CBITS (HRT and ERP) and Cognitive Behavioural Therapy techniques.	Private Practice in Central London, North East London and Essex. NHS work in Redbridge, please follow referral procedure for Redbridge CAMHS/EWMHS. Private (self-referral) & NHS. Face-to-face & online.	Yes
Sandra Eriemo		National Hospital for Neurology & Neurosurgery Dept of Neuropsychiatry, 8-11 Queen Square, London, WC1N 3BG	07956 302 191	indigotherapy@ymail.com (Private) Sandra.eriemo@nhs.net (NHS only)	BABCP Accredited, BACP Accredited, MSc Counselling Psychology, PGDip in CBT, trained in CBITS.	Adults (18 & over). Private referrals can come from any source. For private referrals indigotherapy@ymail.com 07956 302 191	The NHS service does not accept self-referrals.	Online therapy/telemedicine offered privately.
Dr Barnaby Proctor	Clinical Psychologist	Queens Square, London WC1N 3AR		Barnaby.proctor@gmail.com	ERP, Habit reversal training, HCPC PYL33428, trained in CBITS.	Adults only	NHS & private	Yes
Nicola Ryan	CBT Therapist	Surbiton, Surrey		via website www.nicolaryan.net	NMC, BABCP (member)	Adults & children up to the age of 25	Private work only.	Yes
Ozkan Gedik	Senior CBT Therapist	London	078 256 296 52	ozkan.gedik12@gmail.com	BABCP 101325, trained in CBITS.	Adults only	Private work only.	Yes
Dr Joy MacInnes	Lead Clinical Psychologist		07779502851	Kingstonpsychologist@gmail.com		Adults & children.	Private/direct by families	Adults
Name	Job Title	Address	Telephone	Email	Registration	Client Group	Practice/Referral	Telemedicine Offered

London & Surrounding areas (cont'd)								
Elona Tenn Dixon	Clinical Nurse Specialist	Hertfordshire, England	07503056217	eser.tenn.10@outlook.com	NMC 76K0441E, trained in CBITs. CYP IAPT children and adolescents	Adults & children.	Private work only.	
Dr Daniela Maroni	Clinical Psychologist	London		Maroni.danielauk@gmail.com	HCPC, BABCP Accredited, Ordine Psicologi ER (Italy)	Adults & children	Private work only. CBITs, ERP, Habit Reversal Therapy. Private work only through self referral.	
Kerrie Hipgrave	Psychotherapist and Behavioural Therapist	Hertfordshire, England	07970319076	safetalkcounselling@gmail.com	BACP 164016, CBT, REBT, CBITs trained in HRT and ERP.	Adults and children	Private practice, self referral. Experienced working with Tourette Syndrome and motor tics. Uses HRT and ERP and CBT techniques.	Yes
Dr Sylvia Davies	Counselling Psychologist	London, England		info@irise-psychology.london	Chartered Counselling Psychologist with HCPC, AFBPsS, NMC, MBABCP & accredited consultant with EMDR UK	Adults Only	Private work only Telemedicine only	Yes
Fiona Murray	Counsellor/Psychotherapist	Amersham, Buckinghamshire	01494 723787	FMAM@aol.com	MEd Educational psychology. BACP 379164.. CBITs trained. Person centred.	Adults and children	Private	Yes
Dr Fiona McFarlane		London		drfionamcfarlane@gmail.com	Clinical psychologist, HCPC BABCP. Trained in ERP, Habit Reversal Therapy, trained in CBITs	Children and Adults	Private work drfionamcfarlane@gmail.com Telemedicine only.	Yes
Southern England								
Sarah Sharp	CBIT Therapist	Newhaven, East Sussex	01273438527	info@tictocktherapy.co.uk	CBIT trained, also run workshops for parents & carers to learn about TS. BABCP 00000999388	Children & young people only, up to 25 years.	Private work only. Self-referral. Offers discount to low income families .	Yes
Dr Alesia Moulton-Perkins	Clinical Psychologist & CBT Therapist	Worthing Osteopathic & Wellbeing Clinic, 140 South Street, Worthing BN14 7NB	07903 653177	alesia@onlinepsychologyandcounselling.com https://onlinepsychologyandcounselling.com https://neurodiverseonline.com/	HCPC PYL24461, BPS 203219, BABCP 100817, trained in CBITs.	Adults, young people & children	Private work only.	Yes

Name	Job Title	Address	Telephone	Email	Registration	Client Group	Practice/Referral	Telemedicine Offered
South West England								
Dr Jenny Murphy		Dorset Child & Family Psychology, Dorchester/Poole/North, East & West Dorset	07791 890572	dcfpsychology@gmail.com	Clinical Psychologist registered with HCPC. Accredited CBT therapist & Supervisor (BABCP). Can offer CBT, EMDR, Habit Reversal & CBIT.	Adults & children	NHS & private work.	Yes
Dr Anna Fussell	Clinical Psychologist	Bristol & South Gloucestershire	07834229912	acfchildpsychology@gmail.com	I am a Clinical Psychologist with over 10 years experience in CAMHS and a personal interest in TS. I am happy to work with both children and adults in the Bristol and South Glos area.	Adults & children	Private	Yes
Hannah Byrne	Psychotherapist	Clinics in Bath & Bristol	07436 702920	saplingcbt@aol.com www.saplingcbt.co.uk	BABCP registered. CBIT training. Pg Dip Cognitive Behavioural Therapy. 6 Years experience treating tic disorders in both CAMHS and private practice. CBIT, ERP & HRT	Adults up to 24 years old & children	Private work only.	Yes
Wales								
Dr Sylvia Davies	Counselling Psychologist	London, England		info@irise-psychology.london	Chartered Counselling Psychologist with HCPC, AFBPsS, NMC, MBABCP & accredited consultant with EMDR UK	Adults Only	Private work only Telemedicine & Face to face appointments	Yes
Scotland								
Lisa du Plessis			07891 849 444	www.sunflowercbt.co.uk lisa@sunflowercbt.co.uk	Cognitive Behavioural Psychotherapist, RN, PG DIP CBT, BABCP Accredited, NMC	Children & adults.	Private work only. Self-referral. Experience of Impulse control disorders, TS & motor tics. Uses HRT & CBT.	Yes
Marion Wylie	CBT Integrative Therapist	Dochas Therapy, 1 Silk Street, Paisley, Renfrewshire PA1 1HG	07917 733650	Marionwylie@hotmail.co.uk	BTTI Training	Adults & Children	Private work only	Yes
Dr Sharon Mulhern & Dr Susan O'Connell	Clinical Psychologists	Ayrshire Central Hospital, Irvine KA12 8SS	01294322057	Sharon.Mulhern@aapct.scot.nhs.uk Susan.O'Connell@aapct.scot.nhs.uk	CBITS training from TA, HCPC	Adults	NHS Only	

Name	Job Title	Address	Telephone	Email	Registration	Client Group	Practice/Referral	Telemedicine Offered
Northern Ireland & Ireland								
Dr Stacey Ball	Clinical Psychologist	The Insight Centre, Strand Road, Portmarnock, Dublin, IRELAND	(01) 8463894	drstacey@theinsightcentre.ie	PSI M78 38R. CBITS trained.	Children & adults	Private work only.	
Dr Donna McGinley	Clinical Psychologist	North Dublin	087 9718170	glenveagh.psych@gmail.com	Clinical Psychologist	Children and adults	Private work only.	

Children's Services

Name	Job Title	Address	Telephone	Email	Registration	Client Group	Practice/Referral	Telemedicine Offered
North of England								
Dr Penny Trayner	Paediatric Clinical Neuropsychologist & Clinical Psychologist	Clinical Neuropsychological Services Ltd, Universal Square, Devonshire St North, Manchester, M12 6JH	0161 726 5833	office@neuropsychology.co.uk	BSc (Hons), DClinPsy, PGDip, QiCN, HCPC, BPS registered.	Children only, up to 18 years. Private & NHS referrals.	CBT, HRT, ERP, CBIT, self-help, neuropsychological / cognitive assessment.	
Dr Stephen Westgarth	Consultant Child Psychiatrist	Child Psychiatry UK, Westcroft, 46 Woodcroft Rd, Northumberland, NE41 8DH	07733274522	drstephenwestgarth@gmail.com www.childpsychiatryuk.com	MBBS MRCPsych PgDipCBT	Children under 18's only & private work. Self-funded & insurance company work.	Consultant child & adolescent psychiatrist. Medical Director of Child Psychiatry UK. Expert in ERP, CBT, HRT & medication.	Yes
Simon Bakst	Cognitive Behavioural Therapist	Manchester, England	07814851831	simonbakst@hotmail.co.uk	BABCP Registered, trained in CBITS.	Adults & children.	Private work only.	
Giovanna Moretto	Clinical Psychologist	CYMHS, Runcorn	01928 568162	www.merseyscare.nhs.uk/our-services/halton/child-and-adolescent-mental-health-service	HCPC PYL28053	Under 18 only.	NHS CBIT	Yes
Jade Smith	Clinical Psychologist	North Yorkshire/online		Drjadesmith1@proton.me	HCPC Registered	Online Under 18s	Private	Yes
Central England								
Dr Anita D'Urso	Paediatric Clinical Psychologist	Cambridge & Bedfordshire.		dranitadurso@gmail.com		Children only, (up to 18).	Private work only.	
Michelle Garcia Dopico	Cognitive Behavioural Psychotherapist	Derbyshire	07840849125	mgdmentalhealth@gmail.com	Registered NH Nurse NMC Register, Senior Cognitive Behavioural Psychotherapist (BABCP)		Private work only. Contact directly.	
Karoline Stanway	Psychotherapist /Adults /Child & Adolescents	Holly Tree House, 173 Melton Road, Stanton On The Wolds, Nottingham, NG12 5BQ	07583437952	karolinstanway@abbeygreentcs.com	BABCP Accredited – 100124	Children and adults	Private work only.	
Rebecca Eynon	Therapist	The Old Barn, Low Burnham, DN9 1 DB	07484114028	Rebecca.eynon@absolutechildrenservices.com	DDP Level one, FdA Counselling, Behaviour therapy for children. BACP: 00836984	Children and adolescents, under 18	Private work only.	

Name	Job Title	Address	Telephone	Email	Registration	Client Group	Practice/Referral	Telemedicine Offered
Central England (cont'd)								
Sasha Hvidsten	Psychiatrist	Midlands area/ Worcestershire		Enquiries@sashahvidsten.com www.sashahvidsten.com	Psychiatrist, MBChB MRCPC MRCPsych, PGCert(LLM)	Children & young people only, up to 25 years.	NHS & private patients. Can be made through NHS/ private/ direct by families. Trained to deliver habit reversal therapy, Dialectical behaviour therapist. Offers assessment & treatment for complex presentations including children with ASD / ADHD / psychosomatic concerns	
London & Surrounding areas								
Dr Vivien Wong	Clinical Psychologist, DClinPsy, BSc(Hons), CPsychol, AFBPsS	Private Practice in Central London, North East London and Essex.		https://www.drivienwong.com drvivienwongclipsy@gmail.com (for private practice).	Doctorate in Clinical Psychology (DClinPsy), BPS Chartered Membership 202229, HCPC PYL31384, CBT BABCP accredited (provisional) 160844, CBITs trained in HRT and ERP.	Adults & children . Experienced working with Tourette Syndrome and tics. Uses CBITs (HRT and ERP) and Cognitive Behavioural Therapy techniques.	Private Practice in Central London, North East London and Essex. NHS work in Redbridge, please follow referral procedure for Redbridge CAMHS/EWMHS. Private (self-referral) & NHS. Face-to-face & online.	Yes
Kerrie Hipgrave	Psychotherapist and Behavioural Therapist	Hertfordshire, England	07970319076	safetalkcounselling@gmail.com	BACP 164016, CBT, REBT, CBITs trained in HRT and ERP.	Adults and children	Private work only. Self referral. Experienced working with Tourette Syndrome and motor tics. Uses HRT and ERP and CBT techniques.	Yes
Dr Daniela Maroni	Clinical Psychologist	London		Maroni.danielauk@gmail.com	HCPC, BABCP Accredited, Ordine Psicologi ER (Italy)	Adults & children	Private work only. CBITs, ERP, Habit Reversal Therapy. Private work only through self referral.	
Fiona Murray	Counsellor/Psychotherapist	Amersham, Buckinghamshire	01494 723787	FMAM@aol.com	MEd Educational psychology. BACP 379164.. CBITs trained. Person centred.	Adults and children	Private	Yes
Beverly Sokel		North and Central London	0207 034 2690	Bev.Sokel@tcfp.org.uk	Chartered Psychologist & HCPC registered Clinical Psychologist - PYL21047	Children & young people up to 16 years old.	Private work only. Delivers CIBiT, HRT, ERP and CBT.	

Name	Job Title	Address	Telephone	Email	Registration	Client Group	Practice/Referral	Telemedicine Offered
London & Surrounding areas (cont'd)								
Dr Eleanor Clark	Clinical Psychologist	West Byfleet Physiotherapy Clinic, 50 Station Approach, West Byfleet, Surrey KT14 6NE	07766 900330	www.dreleanorclark.co.uk	HCPC. Trained in ERP, Habit Reversal & CBITs	Children only (up to 18)	Private work only.	Yes
Dr Morwven Duncan	Senior Clinical Psychologist	Great Ormond Street Hospital, London		drmorwenduncan@gmail.com https://www.thelotuspsychologypractice.co.uk	HCPC: PYL38736	Under 18s	CBITs, ERP, Habit Reversal Therapy. I am a Senior Clinical Psychologist at the national Tic Disorder Service at Great Ormond Street Hospital. This involves assessment, psychoeducation & behavioural interventions for tics. Experienced in providing a range of psychological interventions to treat mental health co-morbidities in young people with tic disorders. NHS & Private	Yes
Nicola Ryan	CBT Therapist	Surbiton, Surrey		via website www.nicolaryan.net	NMC, BABCP (member)	Adults & children up to the age of 25	Private work only.	Yes
Dr Maria Hadji-Michael	Clinical Psychologist	4th Floor Frontage Building, Great Ormond Street Hospital, London WC1N 3JH.	020 7405 9200 x 577	therainbowtherapypractice@gmail.com	HCPC (PYL32517)	Children up to & incl 16 years old.	NHS & Private work. Delivers CBIT, HRT, ERP, CBT & neuropsychological / cognitive assessments. Private work up to 16 years old	Yes
Dr Sally Robinson	Paediatric Clinical Neuropsychologist	Private work: South East Essex or London.	07810446885	dr.sally.robinson@gmail.com	DClinPsy, PGDip, PhD, MSc, BPS, HCPC registered. CBT, HRT, ERP, CBIT, self-help, neuropsychological / cognitive assessments. Treatment package available for tics &/or OCD.	Children only, up to 18 years.	Private work.	Yes
Dr Fiona McFarlane		London		drfionamcfarlane@gmail.com	Clinical psychologist, HCPC BABCP. Trained in ERP, Habit Reversal Therapy, trained in CBITs	Children and Adults	Private work drfionamcfarlane@gmail.com Telemedicine only.	Yes

Name	Job Title	Address	Telephone	Email	Registration	Client Group	Practice/Referral	Telemedicine Offered
London & Surrounding areas (cont'd)								
Jenni Lindinger	Speech & Language Therapist	Jenni Lindinger Therapies Ltd, Room 27, Walton Business Centre, 44-46 Terrace Rd, Walton on Thames, KT12 2SD	07835 394078	jenni@jennilindingertherapies.co.uk	MRCSLT, HCPC: SL30720, RCSLT: RC0032425	Children only, under 16.	Private work only.	
Elona Tenn Dixon	Clinical Nurse Specialist	Hertfordshire, England	07503056217	eser.tenn.10@outlook.com	NMC 76K0441E, trained in CBITS. CYP IAPT children and adolescents.	Children & adults	Private work only.	
Neil Henry	CBT & Integrative Arts Therapist	The Bassett Clinic, Stapley Rd, St Albans, AL3 5EP	07595 335514	info@counsellingtoday.org.uk	BACP 349076 & NCS (National Counselling Society: NCS16-04081)	Children only, under 16	Private work only.	
Dr Joy MacInnes	Lead Clinical Psychologist		07779502851	Kingstonpsychologist@gmail.com		Adults & children.	Private work only. Referral direct by families	
Dr Eve McAllister	Clinical Psychologist	London		drevemcallister@gmail.com Secretary's e-mail: hani.medsec@gmail.com	HCPC (PYL28424)	Children only, under 18 (at clinic located near Russell Square London), adults via telemedicine.	Private work only. Offers comprehensive psychological assessment and psychological treatments for tics (CBiT, HRT and ERP), and cognitive behaviour therapy for the treatment of anxiety disorders and low mood.	Adults
Luca Farkas	Clinical Psychologist	West Hertfordshire Specialist CAMHS. 99 Waverley Road, St Albans, Herts WD7 9HQ	01727 804 806		HCPC Practitioner, PYL 32905	Children only (up to 18). English/Hungarian.	Through the NHS. Offers HRT, ERP & Psychoeducation. Also private work with clients under 18 in central London lucafarkas@gmail.com	Yes
Southern England								
Mrs. Breana Bridge-Ahmed	Clinical Psychologist & Chartered Psychologist	Maidstone, Kent	078 4565 7397	bridgepsychologysolutions@gmail.com	BPS- Reg. No. 296439, HCPC-PYL31423. Completed CBITS training in June 2019	Under 18's only	Under 18's only	Yes

Name	Job Title	Address	Telephone	Email	Registration	Client Group	Practice/Referral	Telemedicine Offered
Southern England (Cont'd)								
Dr Sirja van Zyl	Clinical Psychologist	Kent Psychologist, Riverside House, River Lawn Road, Tonbridge, Kent, TN9 1EP	01732 302120	info@kentpsychologist.co.uk www.kentpsychologist.co.uk	Offers a range of psychological interventions, including CBITS, Exposure Response Prevention, Habit Reversal Therapy and CBT. Registered with the HCPC (PYL21851)	Children and adolescents, up to 18.	Private practice referral, GP referral not required.	
Emily O'Byrne	Clinical Associate Psychologist	The Bridges 49 Alumhurst Road, Westbourne, Bournemouth, BH4 8EW		https://camhsdorset.org/	CBIT trained with experience working in Dorset CAMHS with young people with tic presentations. British Psychological Society - 292380	Under 18 only.	NHS only.	Yes
Dr Alesia Moulton-Perkins	Clinical Psychologist & CBT Therapist	Worthing Osteopathic & Wellbeing Clinic, 140 South Street, Worthing BN14 7NB	07903 653177	alesia@onlinepsychologyandcounseling.com https://onlinepsychologyandcounseling.com https://neurodiverseonline.com/	HCPC PYL24461, BPS 203219, BABCP 100817, trained in CBITS.	Adults, young people & children	Private work only.	Yes
Sarah Sharp	CBIT Therapist	Newhaven, East Sussex	01273438527	info@tictocktherapy.co.uk	CBIT trained, also run workshops for parents & carers to learn about TS. BABCP 00000999388	Children & young people only, up to 25 years.	Private work only. Self-referral. Offers discount to low income families .	Yes
South West England								
Mo Townsend	Drama Therapist	North Somerset		mostownsend@aol.com	Badth member and registered supervisor, HCPC AS02026. Trained in CBITS	Children and young people, 0-18		Yes
Hannah Byrne	Psychotherapist	Clinics in Bath & Bristol	07436 702920	saplingcbt@aol.com www.saplingcbt.co.uk	BABCP registered. CBIT training. Pg Dip Cognitive Behavioural Therapy. 6 Years experience treating tic disorders in both CAMHS and private practice. CBIT, ERP & HRT	Children & adolescents (under 24)	Private work only.	Yes

Name	Job Title	Address	Telephone	Email	Registration	Client Group	Practice/Referral	Telemedicine Offered
South West England (Cont'd)								
Dr Anna Fussell	Clinical Psychologist	Bristol & South Gloucestershire	07834229912	acfchildpsychology@gmail.com	I am a Clinical Psychologist with over 10 years experience in CAMHS and a personal interest in TS. I am happy to work with both children and adults in the Bristol and South Glos area.	Adults & children	Private	Yes
Dr Hortencia McKechnie	Clinical Psychologist	CAMHS Restormel, Shaw House, St Austell Community Hospital, Porthpean Road, St Austell. Cornwall. PL25 6AD.	01726873292	https://www.cornwallft.nhs.uk/camhs	BTTI Behavioural Therapy for Tics Training. Working with a range of young people who have tics in CAMHS.	Under 18 only.	NHS	Yes
Dr Jenny Murphy		Dorset Child & Family Psychology, Dorchester/Poole/North, East & West Dorset	07791 890572	dcfpsychology@gmail.com	Clinical Psychologist registered with HCPC. Accredited CBT therapist & Supervisor (BABCP). Can offer CBT, EMDR, Habit Reversal & CBIT.	Adults & children	NHS & private work.	Yes
Wales								
Dr Sylvia Davies	Counselling Psychologist	London, England		info@irise-psychology.london	Chartered Counselling Psychologist with HCPC, AFBPsS, NMC, MBABCP & accredited consultant with EMDR UK	Adults and children	Private work only Telemedicine and face to face appointments	Yes
Scotland								
Colin Millar	Primary Mental Health Worker (CAMHS)	Dingwall Academy, Dingwall, Ross-shire, IV15 9LT	01349 869860	colin.millar@highland.gov.uk	10 years' experience in CAMHS. HRP and ERP therapy. NMC 06b0285s.	Under 18	NHS	
Kirsty Mack	Clinical Associate in Applied Psychology	CAMHS, Stirling Community Hospital, Outpatient Area 3, Livilands, Stirling, FK82AU	01786 454546	Private work: kirstyamack@yahoo.com Glasgow based	Works with children & young people (& their families) in NHS with tic disorders. Delivers behavioural interventions. MSc in Applied Psych Edinburgh University BPS accredited. Trained in CBITS.	Under 18	NHS & Private work	

Martin Donnelly	Nurse Specialist	Paediatric Liaison Psychiatry, Royal Hospital for Children, Glasgow, G51 4TF	01414516529	Martin.donnelly@ggc.scot.nhs.uk	Mental Health Nursing (94i0490S), CBT diploma	Children only, under 18	NHS		
Marion Wylie	CBT Integrative Therapist	Dochas Therapy, 1 Silk Street, Paisley, Renfrewshire PA1 1HG	07917 733650	Marionwylie@hotmail.co.uk	BTTI Training	Adults & Children	Private work only	Yes	
Lisa du Plessis			07891 849 444	www.sunflowercbt.co.uk lisa@sunflowercbt.co.uk	Cognitive Behavioural Psychotherapist, RN, PG DIP CBT, BABCP Accredited, NMC	Children & adults.	Private practice. Self-referral. Experience of Impulse control disorders, TS & motor tics. Uses HRT & CBT.	Yes	
Northern Ireland & Ireland									
Kevin McFaul	Cognitive Behavioural Psychotherapist	Massereene House, Ferrard Site, Station Road, County Antrim, BT41 4AB	07749966737	kevin.McFaul@northerntrust.hscni.net	BABCP 00000997925	Children & adolescents (under 18)	CBITS and CBT. & private work.	NHS	
Louise McElvanna	Clinical Nurse Specialist	CAMHS, Massereene House, Ferrard Site, Station Road, County Antrim, BT41 4AB	02894 415700	louise.mcelvanna@northerntrust.hscni.net	NMC number 1210126N	Children & adolescents (under 18)	CBITS NHS		
Dr Stacey Ball	Clinical Psychologist	The Insight Centre, Strand Road, Portmarnock, Dublin, IRELAND	(01) 8463894	drstacey@theinsightcentre.ie	PSI M78 38R. CBITS trained.	Children & adults	Private work only.		
Dr Donna McGinley	Clinical Psychologist	North Dublin	087 9718170	glenveagh.psych@gmail.com	Clinical Psychologist	Children and adults	Private work only.		
Dr Helena Rushe	Principal Clinical Psychologist	Department of Psychology, Children's University Hospital, Temple Street, Dublin 1, IRELAND	018784293	helenarushe@cuh.ie	PSI & BPS	Under 16 only	From consultants for patients who attend the Children's University Hospital.		
General CAMHS		Carrick/Larne CAMHS, Alder House, Antrim Area Hospital , Bush Road, Antrim, NORTHERN IRELAND, BT41 2QB	028 9442 4600			Children up to 18 years old			

Abbreviations:

BABCP - British Association for Cognitive & Behavioural Psychotherapies.

BACP - British Association for Counselling & Psychotherapy

BADth -British Association of Dramatherapists

RCSLT - Royal College of Speech & Language Therapists

HCPC - Health and Care Professions Council

BPS -British Psychological Society

PSI – Psychological Society Ireland

GMC – General Medical Council, NMC – Nursing & Midwifery Council